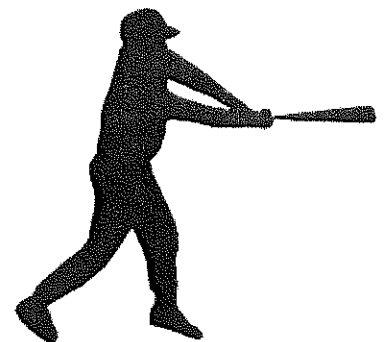
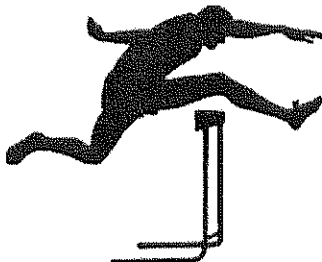
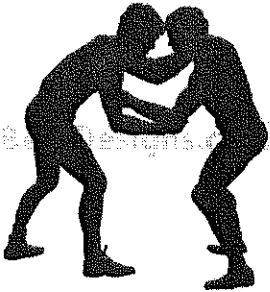


Biggs High Schools Wolverines Committed

**Approved by Governing Board
June 2013**



Biggs High School Eligibility Packet and Athletic Code of Conduct

Eligibility/Code of Conduct/ Illegal Use of Drugs/Alcohol Policy/ Acknowledgement and Assumption
of Potential Risks/Insurance/Physical Requirements

All students participating in interscholastic athletic programs will be governed by the rules and regulations of this Athletic Code of Conduct, California Interscholastic Federation (CIF), the on-campus site rules of Biggs High School (BHS), and the policies and philosophies of the Biggs Unified School District (BUSD). BUSD supports the CIF's philosophy on student eligibility for participation in high school athletics:

In conjunction with their academic course of study, Biggs High School students are encouraged to pursue their extracurricular interests and participate in the athletic programs available to them. Participation in these programs is a privilege, which carries certain responsibilities and expectations for them as competitors, leaders and representatives of Biggs High School.

The philosophy of the Biggs High School athletic program is the belief that academic achievement, physical conditioning, and high moral standards should be the primary goal of all Biggs students, parents, coaches and other individuals associated with the school's athletic program. This code is designed to promote the ideals of sportsmanship and pride in representing the school and to ensure acceptable standards of participation. This code applies to all participants during the entire academic and athletic school year including practice sessions or games occurring outside the normal school year.

Participants are defined as any player actively participating on any recognized interscholastic Biggs High School athletic team. This also includes student managers, statisticians, video persons, student trainers or any other person assisting an athletic team.

Program Administration: The Principal, Athletic Director, and coaching staff administer the school's athletic program and thus are responsible for enforcing the rules of the California Interscholastic Federation (CIF), The Northern Section (NSCIF), as well as, Biggs District, School, and Athletic Policies and Codes. The Athletic Director meets with each coach prior to each athletic season to review all pertinent rules and regulations. Each coach, in turn, has the responsibility to review all rules with the participants of their sport.

Appeal Process: Any appeal to a decision made by a coach or Athletic Director will follow the uniform complaint policy.

Review and Updating of Athletic Code: The Athletic Director and the Principal will meet prior to the conclusion of each school year for the purpose of reviewing the existing athletic policies. Any proposed changes will be submitted for Board Approval.

CIF PHILOSOPHY ON STUDENT ELIGIBILITY FOR INTERSCHOLASTIC ATHLETIC COMPETITION (Article 2, CIF Constitution) The CIF, as the governing body of high school athletics, affirms athletic competition is an important part of the high school experience and participation in interscholastic athletics is a privilege. This privilege is available to students in public

or private schools who meet the democratically established standards of qualification as set forth by the CIF Council. CIF Bylaws governing student eligibility are a necessary prerequisite to participation in interscholastic athletics because they:

- Develop organizational skills to balance athletics and academics;
- Learn new skills and improve existing ones;
- Experience commitment and dedication to school, sports, team and coach;
- Develop physical vigor and desirable habits in health and safety;
- Learn what it takes to be a good teammate and develop new friendships;
- Be dependable in fulfilling obligations and commitments;
- Accept responsibility for consequences of actions and not make excuses or blame others
- Strive to excel;
- Persevere, give 100% effort and not give up in the face of setbacks;
- Realize that athletic competition carries with it certain responsibilities;
- Learn that a violation of this Code has a consequence and this same sequence occurs throughout endeavors in life;
- Keep the focus on athletic participation as a privilege, not a right;
- Reinforce the principle that students attend school to receive an education first; athletic participation is secondary;
- Protect the opportunities to participate for students who meet the established standards;
- Provide a fundamentally fair and equitable framework in which interscholastic athletic competition can take place;
- Provide uniform standards for all schools to follow in maintaining athletic competition;
- Serve as a deterrent to students who transfer schools for athletic reasons and to individuals who recruit student-athletes;
- Support the Principles of "Pursuing Victory with Honor"

CIF bylaws are available at school sites or at www.cifns.org.

PARENTS:

The reason for developing this Code of Conduct is not to punish those who break the rules. This Code sets behavioral standards to assist youth in making good decisions. It also sets clear, consistent boundaries for your child's participation in athletics. REVIEW the following rules with your student-athlete. Your emphasis on the value of following these rules cannot be overstated.

Parent/Guardians Responsibilities:

Parents and Guardians are essential partners in maintaining a safe, educational and enjoyable experience for student athletes. When present at athletic events including but not limited to practice, games, and tournaments, you are expected to model the kind of citizenship and sportsmanship expected and required of students. The following are among BUSD's expectations for the parents/guardians of student athlete participants:

1. Have **knowledge, understanding and agreement** about the Code of Conduct and CIF rules and Standards.
2. Know the consequences for violations of this Code of Conduct and assist in their reinforcement;

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3. Are supportive and encourage their students to demonstrate appropriate behavior while representing the District as student athletes and extra-curricular participants.
4. Hold their student accountable for his/her actions and guide them in making proper decisions regarding drugs, alcohol and tobacco;
5. Hold their student accountable for student's actions and behaviors towards others ensuring they do not bully or harass others and they are not bystanders to this behavior.
6. Are knowledgeable about individual team rules and expectations and address concerns regarding their students program with the coach by scheduling a meeting in order that their concerns may be discussed at an appropriate time and place.
7. Are knowledgeable spectators, knowing the rules of the game and serving as role models for sportsmanship. Cheer our successes, and show understanding in the wake of defeat. Encourage the efforts of their students' teams, and respect the effort of the opposing teams.
8. Adhere to state laws prohibiting smoking on school grounds or in school buildings.
9. Bring your concerns to the attention of the appropriate coaches, including concerns regarding the mental and physical treatment of children, ways to help children improve, and their own child's behavior by scheduling a meeting in order that concerns may be discussed at appropriate times and places.
10. Demonstrate a respect for the privacy of all student athletes and an understanding of the coaches' responsibilities to all student athletes, by refraining from speaking with coaches about such issues as playing time, athletic ability, and team strategy, insofar as those subjects related to student athletes other than their own child.

CHECKLIST FOR STUDENTS ELIGIBILITY:

If you cannot check all items, see your Athletic Director or Principal.

- Making adequate academic progress toward graduation, see grade requirements below
- Will not have turned 19 years old prior to June 15 before the start of student's senior year
- Physical exam on record prior to the start of practice
- Will attend a school day on the day of a practice or competition to be eligible for participation. Must be in attendance a minimum of four periods.
- Will not compete in non-school athletic events in student's sport after reporting for the school team.
- Will not use, possess*, sell, or distribute tobacco products;
- Will not use, possess*, sell, distribute or be under the influence of alcoholic beverages, illegal drugs or performance enhancing substances (e.g. steroids), whether legal or illegal, look-alike drugs, or drug paraphernalia on school grounds, or off school grounds, whether during sport season or out of sport season;
- Will not host or remain present at events, activities or location where illegal distribution of alcohol, drugs or other performance-enhancing substances are present or used.
- Will not use, possess*, or distribute firearms, weapons or explosive devices on school grounds or at school events;
- Will not engage in threatening, hazing activities, bullying, vandalism, harassment, or other personal misconduct, including, but not limited to, witnessing intimidation or harassment and conduct that involves police or court action.

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- Students will not engage in cyber-bullying, participate in sending or creating inappropriate cyber images or be seen in an inappropriate cyber image.
- Every participant and his/her parent/guardian will be apprised of the Code of Conduct in the required Life of an Athlete presentations conducted at the beginning of each sports season. Every athlete and participant of a sport is required to attend the Life of an Athlete presentation with at least one parent/guardian.
- Any student failing to return or pay for lost or damaged equipment (uniforms, etc.) will be suspended from future participation until restitution is made.
- I agree to fully cooperate in any investigation honestly and truthfully.

*For purpose of this section, "possess" shall be defined as having in one's possession or control, e.g., on one's person or in one's physical control, or to have in one's presence or close proximity to be used in an ***illegal activity***.

Residential Eligibility:

1. Students must be a resident of the Biggs Unified School District or be residentially eligible according to CIF regulations.
2. Additional CIF residential requirements specific to grade level, legal residence, and transfer status also applies. Any and all questions regarding athletic eligibility should be referred to the Athletic Director or Principal.

Academic Eligibility:

1. To be scholastically eligible for extra-curricular activities, a student must Maintain a 2.0 G.P.A. on a 4.0 scale. The scholastic eligibility is determined by the grades recorded during the 1st Quarter, 1st Semester, 3rd Quarter and 2nd Semester.
2. If a student falls below a 2.0 G.P.A. at the end of a grading period, he/she may apply for a probation period to continue on the team until the next grading period. **Only one academic probationary period may be utilized during student's high school eligibility.**

Attendance Eligibility:

1. A student must be in attendance at least **four** periods of the school day in order to participate in any athletic practice, contest or event.
2. Medical and/or dental appointments, funerals, court or probation appointments and religious activities are possible exceptions subject to prior approval and to the interpretation of the Athletic Director or Principal.

Bullying and Harassment Policy:

The BUSD believes all students have a right to a safe and healthy school environment. The district, schools, and community have an obligation to promote mutual respect, tolerance, and

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acceptance. Students will not engage in cyber-bullying, participate in sending or creating inappropriate cyber images or be seen in an inappropriate cyber images.

BUSD will not tolerate behavior that infringes on the safety of any student. A student shall not intimidate or harass another student through words or actions. Such behaviors include but are not limited to: direct physical contact, such as hitting or shoving; verbal assaults; such as teasing or name-calling' and social isolation or manipulation. This includes cyber-bullying, threatening or harassing another student through any social networking site or electronic media device (ie: texting, sexting, cyber imaging).

BUSD expects students and/or staff to immediately report incidents of bullying to the principal or designee.

To be eligible for participation in any athletic activity, students must meet residential, academic and behavioral requirements of the CIF, NSCIF and Biggs High School.

Additional Regulations

In addition to the academic, residential, and behavioral eligibility standards, the following rules and regulations established by the CIF and Biggs Unified School District specifically apply to Biggs High School Athletics.

All Participants Will:

1. Pass a physical examination by a licensed physician prior to the start of practice.
2. Have on file the signature page of the Athletic Code prior to the start of practice.
3. Have on file a physical card signed by the parent/guardian giving permission for their son/daughter to participate in athletic activities and verifying the athlete has medical insurance to cover any injuries resulting from his/her participation. The physical card also grants the student's coaches or other district employees the right to approve medical treatment in the event of injury.
4. Be personally responsible for all school equipment checked out to them. All equipment must be returned in good condition.
5. Pay for any equipment lost, misplaced, or stolen. The participants will not be allowed to participate in the next sport or receive a letter or any other award until all equipment is returned or paid for.
6. Attend the awards ceremony concluding the season unless permission to be excused is granted by his/her coach **prior** to the event. A Block B will not be issued to athletes who do not attend the awards ceremony **without previous approval by the coach.**
7. Any athlete, who quits a team without permission of the coach or is removed from the team once the first regularly scheduled contests have begun, will not be eligible to participate in another sport until the completion of the season that the athlete quits. The athlete is also ineligible to participate in games for 1/3 of the allowable NSCIF contacts in the next sport in which they compete. An athlete may quit a team, up until the first regularly scheduled contest, with no penalty.

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8. Any athlete or participant ejected from a game for unsportsmanshiplike conduct is subject to the rules of the NSCIF.
9. An athlete who is ejected from a contest for fighting is subject to the NSCIF rules regarding such incident and the Biggs Unified School District Discipline Matrix.
10. In all athletic contests away from school, the participants will ride to and from the event in school provided transportation. Except when parents personally contact the head coach to take their son/daughter. Under extenuating circumstances, it is possible for an athlete to use other means of transportation providing the parent/guardian makes arrangements with the Athletic Director, Principal or Coach.
11. All athletes understand it is their responsibility to request any homework assignments when they must be absent from class because of an athletic contest. This homework is to be turned in on time, or prior to leaving for the athletic contest.
12. Coaches may set standards of behavior and expectations for their sport which, if violated, may result in the participant being suspended or dismissed from the team for the remainder of the season. Each coach shall furnish the participants with a copy of their team rules, BHS Athletic Code Handbook, and exceptions at the beginning of the season. **Before a player is eligible to begin practice the coach must provide the Athletic Director with a signed copy of the Biggs High School Athletic Code Student/Parent Signature sheet.**

Misconduct

The following behaviors are unacceptable for any student involved in Biggs High School's athletic program. Individuals who violate any of the following rules will be disciplined as indicated. Students who violate these rules are also subject to the penalties established in the Biggs Unified School District Matrix.

A student shall immediately become ineligible to participate in athletics for any or all of the following reasons:

- A. Quitting a sport without the consent of the coach after the first regularly scheduled contest.
- B. Being dismissed from the team for cause. This implies a coach may set and enforce rules, which are more stringent than the minimum standards and penalties indicated in this code.
- C. Possessed, used, sold, or otherwise furnished tobacco, alcoholic beverage, controlled substances or intoxicants.

Substance Abuse (Tobacco, Drugs/Alcohol)

1. During any season of participation, any athlete in possession of Tobacco, Drugs or Alcohol on school grounds or at a school activity will be suspended from the team for the remainder of the sport season in which they are participating. Should the violation take place during the last third of the season; the individual will also be ineligible for the first 1/3 of the games during the next sport in which they compete.

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2. A second offense will result in exclusion from any sport at Biggs High School for one calendar year from the enforcement date.
3. A third offense will result in exclusion from any sports at Biggs High School

Quitting or Being Removed From a Team

Any athlete, who quits a team without permission of the coach or is removed from the team once the first regularly scheduled contests have begun, will not be eligible to participate in another sport until the completion of the season that the athlete quits. The athlete is also ineligible to participate in games for 1/3 of the allowable NSCIF contacts in the next sport in which they compete.

Participation in Athletic Events while Suspended

Any time a student's behavior results in a suspension, the student will be ineligible to participate in athletic contests or practice with the team while on suspension. Students will also not be allowed to travel with a team, or attend an athletic event, home or away while on suspension.

Additional Penalties upon Return from Suspension

Any student/athlete suspended from school for any reason will be ineligible for a specific period of time starting upon the date the student returns from suspension. The student will be allowed to practice and travel to games during this period of time.

1. **1st violation** – The student will be ineligible during the duration of the suspension plus an additional five- (5) school days.
2. **2nd violation** – The student will be ineligible during the duration of the suspension plus an additional ten- (10) school days.
3. **3rd violation** – The student will be ineligible during the duration of the suspension plus an additional fifteen- (15) school days.

Any offense, including those not specifically listed in the Athletic Code, will be considered by the Athletic Director and the coaches involved. With the Principal's approval, the ruling of the Athletic Director and Coaches may include a penalty more severe than the minimum penalties listed above.

DRESS CODE

No student will be permitted to be on any team whose personal appearance does not conform to the standards set in the school dress code.

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Androgenic/Anabolic Steroid

As a condition of membership in the California Interscholastic Federation (CIF), Biggs High School has adopted a policy prohibiting the use and abuse of androgenic/anabolic steroids. Biggs High School shall have participating students and their parents, legal guardian/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition (Bylaw 524).

By signing the Biggs High School Athletic Code, both the participating student athlete and parents, legal guardian/caregiver hereby agree that the student shall not use androgenic/anabolic steroid without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition. We also recognize that under CIF Bylaw 200 D there could be penalties for false or fraudulent information. We also understand that the Biggs High School policy regarding the use of illegal drugs will be enforced for any violation of these rules.

Risk Policy

Biggs High School has a responsibility to make you aware of the dangers of participation in any form of athletic competition. We are asking that you carefully read the following statement with your son/daughter. Your signature on this document indicates that you are aware of the risks involved with athletics and assume those risks.

Statement of Risk

Our signature on the student/parent signature sheet indicates we are aware of the potential dangers of participation in interscholastic athletics and realize there is a risk of being injured in any sport, no matter how many precautions are taken. We realize this risk of injury may be severe, including fractures, sprains, contusions, brain injuries, paralysis, and even death. We further realize the athlete needs to carefully follow all guidelines given by the coaching staff regarding training rules, safety procedures, proper use of equipment, legal and safe playing techniques, and any and all other safety procedures.

We also understand that even if all the above is done, those injuries discussed above as well as other types of injuries may still occur in any sport the individual participates in.

NO COMPETITION ON AN OUTSIDE TEAM

Important – Students are not allowed to compete on an outside team during the season of sport. Per By-Law 600. Competition on an outside team. A student on a high school team becomes ineligible if the student competes in a contest on an “outside” team, in the same sport, during the student’s high school season of sport. This included 3 on 3 basketball tournaments.

Non-School Related Misconduct:

When a student athlete commits an act of misconduct (as enumerated in Education Code section 48900 et seq.) but is not subject to school suspension and/or expulsion because the misconduct occurred away from school or a school sponsored activity, he/she is nonetheless subject to

discipline as per the BHS Athletic Code of Conduct including but not limited to suspension or removal from the team.

CALIFORNIA EDUCATION CODE 48900: Suspension and Expulsion

Student athletes will comply with all state and local laws as well as school district policies and regulations. Students are required to comply with all Education codes 24 hours a day, seven days a week in order to remain eligible for participation. Any student who chooses to participate in athletic activities and who violates the Code of Conduct in any way may experience disciplinary consequences. Disciplinary consequences for violations of the code of Conduct for suspension related offenses are as follows:

EC §48900 subdivisions (a) to (r), inclusive:

- (a) (1) Caused, attempted to cause, or threatened physical injury to another person.
(2) Willfully used force or violence upon another person, except in self- defense.
- (b) Possessed, sold, or otherwise furnished a firearm, knife, explosive, or other dangerous object.
- (c) Unlawfully possessed, used, sold, or otherwise furnished, or been under the influence of, a controlled substance, an alcoholic beverage, or an intoxicant.
- (d) Unlawfully offered, arranged, or negotiated to sell a controlled substance, an alcoholic beverage, or an intoxicant of any kind, and either sold, delivered, or otherwise furnished to a person another liquid, substance, or material and represented the liquid, substance, or material as a controlled substance, alcoholic beverage, or intoxicant.
- (e) Committed or attempted to commit robbery or extortion.
- (f) Caused or attempted to cause damage to school property or private property.
- (g) Stolen or attempted to steal school property or private property.
- (h) Possessed or used tobacco, or products containing tobacco or nicotine products, including, but not limited to, cigarettes, cigars, miniature cigars, clove cigarettes, smokeless tobacco, snuff, chew packets, and betel.
- (i) Committed an obscene act or engaged in habitual profanity or vulgarity.
- (j) Possessed or offered, arranged, or negotiated to sell drug paraphernalia.
- (k) Disrupted school activities.
- (l) Knowingly received stolen school property or private property.
- (m) Possessed an imitation firearm.
- (n) Committed or attempted to commit a sexual assault or committed a sexual battery.
- (o) Harassed, threatened, or intimidated a pupil who is a complaining witness or a witness in a school disciplinary proceeding for the purpose of either preventing that pupil from being a witness or retaliating against that pupil for being a witness.
- (p) Offer, arranged to sell, negotiated to sell, or sold the prescription drug Soma.
- (q) Engaged in, or attempted to engage in, hazing

4. Illegal Substances

Possession and use of alcohol or drugs by anyone under the age of 21 is against the law, it is our intent to prevent any student from being in an environment which greatly increases the risk of danger and negative behaviors. If a student athlete attends a

party where alcohol or drugs are being **illegally dispensed**, the student athlete must leave immediately. To remain in the presence of this illegal activity shall constitute a violation of the BHS Athletic Code of Conduct. **Athletes should encourage as many teammates as possible to leave with them.**

- a. If a student athlete is at such a location, he or she must disclose one's attendance before the end of the next school day to the team's coach or an administrator.
- b. Student athletes determined to be involved in the organization, facilitation, promotion, or hosting of any social gathering or event where alcohol and/or drugs are **illegally provided** will be susceptible to greater consequences as per the BHS Athletic Code of Conduct.

5. Cyber Image

- a. Any identifiable image, photo, or video implicating a student athlete to have been in possession of, or in the presence of **illegal use of alcohol or drugs** or a crime being committed, shall be confirmation of a violation of the BHS Athletic Code of Conduct.
- b. If the student athlete does **not** self-disclose this information to a coach and/or administrator as per this code shall constitute a violation of this Athletic Code of Conduct.

6. Self-Disclosure

- a. Because student athletes may, at no fault of their own, find themselves in a situation where a code violation has occurred, student athletes are encouraged to self-disclose if they are at an event where drugs and/or alcohol was being **dispensed illegally**.
- b. Student athletes must confirm their attendance or participation to their coach and/or administrator before the end of the next school day.
- c. Student athletes who self-disclose will receive no penalty for their first self-disclosure. Subsequent self-disclosures may result in additional steps along the discipline track upon the judgment of an administrative panel including the, athletic director, coach, school counselor, and school administrator.

7. Possession/Sales/Under the influence of:

- a. Any student athlete found to be involved in the possession of, sale of, under the influence of alcohol or drugs or to be involved in the use of alcohol or drugs, including paraphernalia, will have violated the BHS Athletic Code of Conduct.

SCOPE OF AUTHORITY:

Based on the BUSD policy regarding student athlete responsibility stated above, BUSD student athletes are subject to the disciplinary actions specified in this Code of Conduct 365 days a year, 24 hours a day, seven days a week; this expectation is in effect at school or away from school.

VIOLATIONS OF ATHLETIC CODE

Violations of the athletic code re-start each academic school year. When a violation of this Code of Conduct is determined to have taken place, the penalty will be as follows:

1. **Step One: Self-Disclosure I**
 - a. Student athletes who self-disclose their participation in or attendance at an event where a violation of the Code of Conduct has taken place, will receive no penalty for their first disclosure.
 - b. Student athletes **must** submit their self-disclosure to their coach **verbally** within 24 hours of the event in question.
 - c. Student athletes who self-disclose will not be subject to additional penalties for the event in question.
 - d. Student athletes may be asked to complete a drug and alcohol awareness class, as per the discretion of the administrative review board.
 - e. The coach is required to inform the site principal of the self-disclosure.
2. **Step Two: Self-Disclosure II**
 - a. If a student athlete utilizes self-disclosure for a second time in the same year, identifying their participation in or attendance at an event where a violation of the Code of Conduct has taken place, he/she will receive a penalty of a one game suspension.
 - b. Student athletes **must** submit their self-disclosure to their coach **verbally** within 24 hours of the event in question.
 - c. Student athletes who self-disclose will not be subject to additional penalties for the event in question.
 - d. Student athletes may be asked to complete a drug and alcohol awareness class, as per the discretion of the administrative review board.
 - e. The coach is required to inform the site principal of the self disclosure.
3. **Step Three: First Offense**
 - a. Automatic suspension from athletic participation for no less than 20% of competitive scheduled contests or from the first date of disciplinary action.
 - b. The student athlete shall be required to receive an alcohol/drug assessment and education. The assessment and education is a part of the process that may lead to resumption of participation in the activity.
 - c. Until education and assessment is complete, the student athlete is required to attend all meetings, sessions and practices and must participate in every group/team activity, but may not compete or perform.
4. **Step Four: Second Offense**
 - a. Automatic suspension from athletic participation for no less than 50% of competitive scheduled contests (whichever is greater) from the first date of disciplinary action.
 - b. The student athlete is required to attend all meetings, sessions and practices and must participate in every group/team activity, but may not compete or perform.
5. **Step Five: Third Offense**
 - a. Automatic suspension from athletic participation for the duration of the school year.
 - b. Subject to the decision rendered by the administrative review board, student athletes found in violation may not be allowed to return to athletic competition in subsequent school years unless approved by the administrative review board.
6. **Special Circumstances**
 - a. Off Season Violations

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- i. If the code violation occurs during the off season of a sport, the penalty will carry over in full to the next season of a sport.
- ii. If the code violation occurs at the end of the season, the penalty carries over to the next season of sport until the full disciplinary consequence is fulfilled.
- b. Coach & Team Discretion
 - i. Those who are found in violation of the code have the opportunity to return to compete alongside their fellow teammates. ***However, team players and/or coaches are afforded the opportunity to not allow this student athlete to return to the team should they deem it appropriate.***

L. **APPEAL/COMPLAINT PROCESS:**

1. The Athletic Director and Principal are charged with the interpretation and enforcement of this agreement. Should a student or his/her parents/guardians, wish to appeal decisions of the Athletic Director, they enjoy the right of due process. See HANDBOOK under Due Process.
2. Anyone who wishes to file a personnel complaint shall contact the BUSD District Office for a copy of the BUSD complaint policy.
3. Anyone wishing to file an Athletic Code of Conduct violation against a student athlete must do so in writing, submitted to the Athletic Director or the BHS Administration.

M. **COACH'S COMMITMENT**

As a coach of a BUSD athletic team, coaches are dedicated to more than the X's and O's of competition. They understand that high school athletics provide students a unique opportunity for the development of not only physical conditioning and athletic skill, but also character traits essential for success in life.

Recognizing my role as educator, leader and role model for students, I commit to:

1. Exemplifying the highest moral character as a role model for young people.
2. Recognize the individual worth and reinforce the self-image of each team member.
3. Establish a realistic team goal or vision for each season and communicate that to the athletes and parents.
4. Encourage and assist team members to set personal goals to achieve their highest academic and athletic potential.
5. Create a set of training rules for athletes that reflect the positive values of abstaining from the use of alcohol, tobacco and other drugs, and any performance degrading substances.
6. Strive to develop the qualities of competence, character, civility and citizenship in each team member, as outlined in this Code of Conduct.
7. Create a set of training rules for athletes that reflect positive values and expectations which eliminate bullying and harassment of any kind.
8. Create a set of training rules for athletes that reflect the positive values of not being a bystander to anyone who is being bullied or harassed.

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9. Create an opportunity for team members to discuss shared expectations and collective responsibility. This includes their on and off the field behavior and choices. What did they do after the game? Does every member of the team hold up the Code? Insist this conversation throughout the season. Create a culture of shared expectations and shared responsibility.
10. Provide a safe, challenging and encouraging environment for practice and competition.
11. Gain awareness of the importance of prevention, care and treatment of athletic injuries.
12. Respect the integrity and judgment of the game officials.
13. Teach and abide by the rules of the game in letter and in spirit.
14. Build and maintain ethical relationships with coaches and administration.
15. Strive for excellence in coaching skills and techniques through professional improvement.
16. Promote personal fitness and good nutrition.
17. Be modest in victory and gracious in defeat.
18. Reinforce the consequence if any member of the team fails to abide by this Athletic Code of Conduct of the Biggs Unified School District.

My signature below indicates my commitment to the above.

Coaches Signature

Date

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**BIGGS HIGH SCHOOL ATHLETIC CODE
STUDENT/PARENT SIGNATURE SHEET**

Note: This page must be returned to the school before participation can be allowed

Students Name (Please Print) _____

I have carefully read the Biggs High School Athletic Code/Code of Conduct and agree to abide by all provisions contained in the code.

Students Signature

Date

Parent's (Guardian) Name (Please

Print) _____

I (we) understand that a violation by the athlete of any of the rules in this code will result in loss of athletic privileges and/or suspension from the team. I (we) also understand our signature (s) indicate we have read the Statement of Risk, and are aware of the risks involved with athletics and assume those risks. We release and hold the Biggs Unified School District and its officers and employees harmless from any and all claims for damage or injury, including claims of negligence, arising out of or in connection with our child's participation in any aspect of the school's athletic program.

Parent (Guardian) Signature

Date



BETTER ATHLETES
BETTER PEOPLE

Student-Athlete Social Media Agreement

Social media can be a useful tool to communicate with teammates, fans, friends, coaches and more. Social media can also be dangerous if you are not careful. Every picture, link, quote, tweet, status, or post that you or your friends put online is forever part of your digital footprint. You never know when that will come back to hurt or help your reputation during the recruiting process, a new job, or other important areas of your life.

Recognizing the above:

- _____ I take responsibility for my online profile, including my posts and any photos, videos or other recordings posted by others in which I appear.
- _____ I will not degrade my opponents before, during, or after games.
- _____ I will post only positive things about my teammates, coaches, opponents and officials.
- _____ I will use social media to purposefully promote abilities, team, community, and social values.
- _____ I will consider "Is this the me I want you to see?" before I post anything online.
- _____ I will ignore any negative comments about me and will not retaliate.
- _____ If I see a teammate post something potentially negative online, I will have a conversation with that teammate. If I do not feel comfortable doing so, I will talk to the team captain, or a coach.
- _____ I am aware that I represent my sport(s), school, team, family and community at all times, and will do so in a positive manner.

Student-Athlete Signature

Date



Thanks to PCA's National Student Athlete Advisory Board for helping produce this agreement.

For more Resources, visit: www.PCADevZone.org

For more information on Positive Coaching Alliance, visit: www.PositiveCoach.org